

Prayers

We pray to the Lord for courage to give up distractions
and to give ourselves to him this Lent.
Lord, meet us in the silence *pause*
Give us strength and hear our prayer.

Give your church the courage to give up internal preoccupations
and to give more time to mission in the world.
We pray for Bishop Rachael and Bishop Robert,
and for Deaneries working in partnership.
Lord, meet us in the silence *pause*
Give us strength and hear our prayer.

Give the world courage to work together against the pandemic.
Help nations to share their vaccines across borders.
Lord, meet us in the silence *pause*
Give us strength and hear our prayer.

Give courage to the sick, the anxious or the lonely
Lord Jesus Christ, you healed those who suffered in mind, body
and spirit; touch those we pray for, with your saving help.
Lord, meet us in the silence *pause*
Give us strength and hear our prayer.

Give us courage to give up our fear of death
and to rejoice with those who have died in faith.
We remember the ½ million
who have died of the virus in the USA.
Lord, meet us in the silence *pause*
Give us strength and hear our prayer.

May the feet of risen Lord, once nailed to the cross,
walk alongside the dying and the bereaved,
and walk with us and all your Church
through death to the gate of glory. Amen.

Morning Prayer Second Sunday of Lent Preparation

O Lord, open our lips
All **and our mouth shall proclaim your praise.**

Hear our voice, O Lord, according to your faithful love,
All **according to your judgement give us life.**

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.
In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.
As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.
All **Blessed be God for ever.**

- 1 Have mercy on me, O God, in your great goodness;
according to the abundance of your compassion
blot out my offences.
- 2 Wash me thoroughly from my wickedness
and cleanse me from my sin.
- 3 For I acknowledge my faults
and my sin is ever before me.

Psalms 51.1-3

We confess to you our selfishness and lack of love:
fill us with your Spirit.
Lord, have mercy.

We confess to you our fear and failure in sharing our faith:
fill us with your Spirit.
Christ, have mercy.

We confess to you our stubbornness and lack of trust:
fill us with your Spirit.
Lord, have mercy.
Almighty God, our heavenly Father,

who in his great mercy
has promised forgiveness of sins
to all those who with heartfelt repentance and true faith
turn to him;
pardon and deliver us from all your sins;
confirm and strengthen us in all goodness;
and bring us to everlasting life;
through Jesus Christ our Lord. Amen.

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. **Amen.**

The Word of God

Romans 4. 13-end
Mark 8. 31-end

Gospel Canticle: The Benedictus (The Song of Zechariah Luke 1.68-79)

All **Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.**

1 Blessed be the Lord the God of Israel,
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour,
born of the house of his servant David.

3 Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,

4 To show mercy to our ancestors,
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,

6 Free to worship him without fear,
holy and righteous in his sight
all the days of our life.

7 And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation
by the forgiveness of all their sins.

9 In the tender compassion of our God
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death,

and to guide our feet into the way of peace.

All **Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.**

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Collect

Almighty God,
by the prayer and discipline of Lent
may we enter into the mystery of Christ's sufferings,
and by following in his Way
may we come to share in his glory;
through Jesus Christ our Lord. Amen.

The Lord's Prayer

Trusting in the compassion of God,
let us pray with confidence as our Saviour has taught us

All **Our Father, who art in heaven ...**

The Conclusion

May Christ,
who bore our sins in his body on the tree,
heal us by his wounds. **Amen.**

May God our Redeemer show us compassion and love. **Amen.**

And the blessing of God almighty... **Amen.**